

December 24, 2023 The Fourth Sunday in Advent / Christmas Eve

Sunday

8:00 am Bible Study I

8:00 am Bible Study II

9:00 am In-person Traditional Worship & <u>Live-stream</u>

11:00 am <u>Live-stream</u> Contemporary Worship

7:00 pm Christmas Eve Candlelight Service & Live-stream

Monday

10:00 am In-person Christmas Day Festival Service & <u>Live-stream</u> 7:30 pm AA ~ Garden Room

Tuesday

Wednesday

10:00 am Wednesday Bible Study

Thursday Friday

Saturday

Sunday

8:00 am Bible Study I

8:00 am Bible Study II

9:00 am In-person Traditional Worship and <u>Live-stream</u>

11:00 am <u>Live-stream</u> Contemporary Worship

All live-stream services are at https://zlc.online.church on Facebook, or through the app!

Worship on-demand by visiting www.zionlutheran.net and then click the Worship 24/7 button.



Stress Management Class

You are invited to join us for this valuable one-

session class to be held on

Tuesday, January 23rd at 1:30 p.m. in the Garden Room at Zion.

In this one-hour course, you will learn and explore ways to manage stress such as breathing and relaxation techniques, and affirmations and behaviors. This course is designed for busy people with approaches that are easy to learn and use in your daily life. Topics include Time Management,

Affirmations, Behavioral Techniques (involving exploring behaviors that you can add to your

life to manage stress such as journaling), Community and support, Breathing techniques, and Relaxation techniques.

The course will be led by Zion's Parish Nurse, Dr. Stephanie Windle, DNP, RN, CNE, AHN-BC.

The cost of the workshop is \$20.00.

Members of the community are invited and encouraged to participate.

The cost will be waived for members of Zion and those in need of assistance.

> Zion Members' Registration

Register Now

MANAGE

Worship Time for Lenten Services

Crazy to think about, we just started Advent, but Ash Wednesday is February 14, 2024, and for proper planning and advertising, we need to know what time worship will be held. Zion is conducting a simple poll on worship time for the Lenten Midweek Services to help meet the needs and preferences of our Zion family. Please click this link to fill out the poll online or pick up a paper version in the narthex and leave it with Pastor or Steve.

SIGN UP SHEETS

The flower chart for 2024 is hanging in the narthex, get your dates before it's filled up. Weekly flowers are \$75.

Also, the *coffee hour host* sign-up is in the Garden Room.

Please consider hosting a coffee hour. It doesn't need to be elaborate or big, just a little something for people to enjoy.

Thank you in advance for helping beautify worship and supporting fellowship time.

Wednesday Morning Bible Study

Wednesday morning Bible class meets from 10:00-11:00 a.m. in the Garden Room. We



are working our way through the Book of Judges. We see in this book how the cycle of the Israelites' disobedience resulted in God's discipline, which then prompted the people to repent and return to the Lord, who then graciously forgave and restored His people through the judges He raised up. The people

enjoyed peace for a time, but then wandered into disobedience once again and the cycle continued. The lessons of the book of Judges still speak to God's people today and they are recorded for our instruction and encouragement in God's Word. Join us in person or online via Zoom for solid study and lively discussion!

https://us02web.zoom.us/j/84512035321? pwd=dHBaRFhDWENrbjl3aDI2ZW5wUU1NZz09

Meeting ID: 845 1203 5321 Password: 774379

Sunday Morning Bible Class I

In December we continue our study of selected Psalms of prayer and praise. The Psalms were the songbook of the people of God in the Old Testament and they continue to be a rich source



of comfort and strength for us today. We meet at 8:00 a.m. on Sunday mornings in Pastor's office and we would love to have you to join us!

Bible Class II "FORGIVENESS OF JESUS"

We all carry guilt and shame, it drags us down and keeps us from enjoying life to the fullest. This study offers a deeper understanding of the reason Christ gave his life on the cross. Jesus came to forgive us, allowing us to move from guilt and shame to freedom and forgiveness. We will examine the people he met and set free. This visually stunning DVD Series is written and taught by biblical experts in specialized areas of knowledge.

Come join us in the Conference Room on Sunday, December 17th, at 8:00 am for this exciting study.

Leading us in worship this Sunday:

Liturgist and Preacher Rev. Paul Aldrich

Organist

Dr. David Hunsberger

Reader Bill Keep Altar Guild
Andrea Uhle
Kathy Pomianek
Carolyn Dal Ferro
Ramona Vogt

Usher George Berge Peter Grunow Communion Assistant Brian Walsh Object Lesson

Sarah Moreno

Monitor Operator Blaise Walsh

Livestream Producer Steve Harger

Zion Lutheran Church | 5201 Park Boulevard, Piedmont, CA 94611

<u>Unsubscribe sharger@zionlutheran.net</u>

<u>Update Profile |Constant Contact Data Notice</u>

Sent bychurchoffice@zionlutheran.netpowered by

